All Silver Stars Day Nursery policies will be subject to any future change according to Government legislation and guidelines to maintain the safety of all children, families, staff and visitors.

4.03

Managing Children with Allergies, or who are Sick or Infectious

Policy statement

We aim to provide care for healthy children by preventing the spread of infection and promoting good health practices. We work in partnership with parents to identify allergies and medical needs and to prevent exposure to known allergenic triggers. The health, safety and wellbeing of all children and staff are paramount.

This policy complies with the **Safeguarding and Welfare Requirements of the Early Years Foundation Stage (EYFS)** and follows guidance from the **UK Health Security Agency (UKHSA)**.

Procedures for children who are sick or infectious

Children will not be accepted into the setting if they have been given Calpol, Nurofen or similar medication prior to attendance, as this may mask symptoms of illness.

If a child becomes unwell while at nursery, including:

- a temperature of **38°C or above**
- sickness or diarrhoea
- significant pain (e.g. head or stomach)
- signs of a contagious illness requiring treatment

the Manager or Deputy Manager will contact parents and request immediate collection.
Children must be collected within 30 minutes.

• If a child is sent home with a temperature, they must remain at home for a minimum of 48 hours, and longer if other symptoms persist.

• If a child is unwell (e.g. cough, cold, lethargy) but does not have a temperature, parents may still be required to collect their child if staff believe the child is not well enough to remain or poses a risk of infection to others.

• Children with a temperature will be kept comfortable, offered fluids, and have blankets removed. Staff must not administer Calpol or other fever-reducing medication.

• Temperatures are taken using age-appropriate thermometers (ear, forehead or underarm), stored in the locked medical cupboard.

• In an emergency, staff will contact NHS 111 for advice. If advised, 999 will be called and parents informed immediately.

• The nursery reserves the right to refuse admission to any child who is unwell, contagious, or not fit to attend.

• Children prescribed antibiotics, antibiotic creams or other treatment must remain at home for 24 hours (recommended 48 hours) after the first dose before returning.

• Following sickness or diarrhoea, children must remain at home for 48 hours after the last episode.

• During outbreaks, activities that pose a higher risk of cross-contamination (e.g. sand or water play) may be temporarily suspended.

We have a list below of excludable diseases and exclusion times.

Disease/Illness	**Exclusion Times**
Chicken Pox	Minimum 5 days and all spots crusted
Coughs & colds	No exclusion unless child is unwell
Cold Sores	No Exclusion required
Conjunctivitis	48 hours after treatment. Children to be sent home if symptoms are noticed at nursery.
Covid-19	Stay at home if fever or unwell; follow UKHSA guidance
Croup	Exclude until fever resolved
Sickness and Diarrhoea	During illness and 48 hours after last episode
Diphtheria	Exclusion essential – consult UKHSA
Flu (influenza)	Until recovered
Glandular fever	Until recovered
Hand, foot and mouth	48 hours after blisters appear
Headlice	Exclude until treatment started
Impetigo	48 hours after antibiotics or until healed
Measles	4 days after rash onset
Meningitis	Until recovered
MRSA	No Exclusion required
Mumps	5 days after onset of swelling
Ringworm	24 hours after treatment
Roseola	None
Scabies	After first treatment
Scarlet Fever/ Strep A	48 hours after antibiotics
Slapped Cheek	48 hours after rash
Shingles	Exclude if rash is weeping and uncovered
Temperatures of 38 and above	Minimum 48 hours
Threadworms	24hours after treatment or if child is in a nappy, child must be cleared of worms
Tonsillitis	Until well; 24 hours after antibiotics

Warts and verrucae	No exclusion
Whopping cough	2 days after antibiotics or 21 days from onset

Reporting of 'notifiable diseases'

- Under the Health Protection (Notification) Regulations 2010, GPs report notifiable diseases to the UK Health Security Agency (UKHSA).
- When the nursery becomes aware of a notifiable disease, the Manager will notify Ofsted and follow advice from UKHSA.

HIV/AIDS/Hepatitis procedure

HIV and Hepatitis A, B and C are transmitted via body fluids. Universal hygiene precautions apply to all children and adults.

Staff will:

- Wear disposable gloves and aprons for bodily fluids
- Dispose of contaminated materials appropriately
- Clean and disinfect affected areas immediately
- Bag soiled clothing securely for parents

Procedures for children with allergies

All allergies are recorded on the child's medical record prior to starting.

A risk assessment is completed detailing:

- the allergen
- symptoms and severity
- emergency procedures
- medication required (e.g. EpiPen)
- control measures
- review date

• Risk assessments are kept in the child's file and shared with relevant staff.
• Parents must provide training on emergency medication where required.
•The nursery operates a strict no-nuts policy and parents are informed accordingly.

Insurance requirements for children with allergies and disabilities

Our insurance covers children with medical needs, disabilities and allergies, provided procedures are followed. Written consent, GP documentation and staff training are mandatory where life-saving medication is required.

At all times the administration of medication must be compliant with the Safeguarding and Welfare Requirements of the Early Years Foundation Stage.

Oral Medication:

- Oral medications must be prescribed by a GP or have manufacturer's instructions clearly written on them.
- Medication will not be administered if it is not prescribed by a GP.
- The staff must be provided with clear written instructions on how to administer such medication.
- All risk assessment procedures need to be adhered to for the correct storage and administration of the medication.
- We must have the parents or guardians' prior written consent. This consent must be kept on file.

Life-saving medication & treatments

• An Individual Health Care Plan is required.

• The nursery must receive:
  - written GP/consultant instructions
  - parental consent
  - proof of staff training

Children with Complex Medical Needs

• Written parental consent is required.

• Key persons must be trained appropriately.

• Documentation must be shared with the insurance provider, and written confirmation obtained.

• If there is any uncertainty, the insurance provider will be consulted before care is provided.

This policy was adopted by	Silver Stars Day Nursery
Date	February 2026
Review Date	February 2027
Name of signatory	Jenifer Capper
Role of signatory	Proprietor
Signed: Date:	 February 2026